



GRAPPA
GROUP FOR RESEARCH
AND ASSESSMENT OF PSORIASIS AND PSORIATIC ARTHRITIS

In Collaboration with

ERA
EMIRATES RHEUMATOLOGY ACADEMY

GRAPPA

SCIENTIFIC STANDALONE ON PSORIATIC DISEASE

FOR THE 6TH CONSECUTIVE YEAR

EVOLVING EXCELLENCE

Latest frontiers in psoriatic
disease management



18-19 October
2024



Raffles Hotel
Dubai, UAE

7.5
CPD Credits
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Expert Speakers (Arranged Alphabetically)



Ahmad Thuwani AlEnizi, MD

Consultant Rheumatologist
Head of Rheumatology Unit and the Day Care
Unit in AL-Jahra Hospital
Kuwait



Ahmed Ameen, MD

Consultant Dermatology and Venereology
NMC Specialty Hospital
Abu Dhabi, UAE



Alaa Dekis, MD

Consultant Rheumatologist
Healthpoint
Abu Dhabi, UAE



Amel Ginawi, MD

Consultant Rheumatologist-Mediclinic City Hospital
Dubai, UAE
Clinical Associate Professor Mohammed Bin Rashid
University of Medicine and health sciences (MBRU)
Dubai, UAE



Anna López Ferrer, MD

Dermatology Specialist at the Dermatology
Department of the Hospital de la Santa Creu i
Sant Pau
Associate Professor at the Universitat
Autònoma de Barcelona
Barcelona, Spain



Aqeel Ghanem, MD

Rheumatology Consultant
Chief of the Rheumatology Unit in Mubarak Al Kabeer
General Hospital
Kuwait

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Atheer Al-Ansari, MD

Consultant Rheumatologist and Head of Department
Mediclinic Airport Road Hospital
Abu Dhabi, UAE



Doaa Alawadhi, MD

Consultant Dermatologist
Ministry of Health in Kuwait at Amiri Hospital
Kuwait



Khalid Alnaqbi, MD

Consultant & Chief of Rheumatology at Tawam
Hospital
Clinical Associate Professor, UAE University
Al Ain, UAE



Laura Coates, MD

Associate Professor, Nuffield Department of
Orthopaedics, Rheumatology and Musculoskeletal
Sciences, University of Oxford, UK
Oxford, UK



Luis Puig, MD

Director of the Department of Dermatology, Hospital
de la Santa Creu i Sant Pau
Professor of Dermatology at the Universitat Autònoma
de Barcelona (UAB) Medical School
Barcelona, Spain



Peter Nash, MD

Professor in the School of Medicine at Griffith University,
Queensland
Director of the Rheumatology Research Unit on the
Sunshine Coast
Brisbane, Australia

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Philip Helliwell, MD

Professor of Clinical Rheumatology at the University of Leeds, UK
Honorary Consultant Rheumatologist for the Leeds Teaching Hospitals and Bradford Teaching Hospitals NHS Trust
Leeds, UK



Priyanka Moovara Cackamvalli, MD

Rheumatologist at Hamad General Hospital
Qatar



Rajaie Namas, MD

Section Head of Rheumatology
Medical Subspecialties Institute at Cleveland Clinic
Abu Dhabi, UAE



Saadiya Naji, MD

Consultant Internal Medicine and Rheumatology
Head of Rheumatology Unit In Governmental Hospitals
SMC - Bahrain
President of Bahrain Society of Rheumatology
Bahrain



Zainab Almossalli, MD

Dermatology Consultant
Government Hospitals
Kingdom of Bahrain

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Expert Chairs (Arranged Alphabetically)



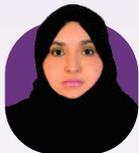
Philip Helliwell, MD

Professor of Clinical Rheumatology at the
University of Leeds, UK
Honorary Consultant Rheumatologist for the
Leeds Teaching Hospitals and
Bradford Teaching Hospitals NHS Trust
Leeds, UK



Waleed AlShehhi, MD

Consultant Rheumatology at Clemenceau Medical Center
President of the Emirates Rheumatology Academy
Dubai, UAE



Fatima Albreiki, MD

Consultant Dermatologist
Chief of Dermatology Service at Tawam hospital
Abu Dhabi, UAE



Jawaher Alnaqbi, MD

Consultant Dermatologist
Swedish Board
Head of Dermatology Department
Fujairah Hospital, EHS
Dubai, UAE



Khalid Alnaqbi, MD

Consultant & Chief of Rheumatology at Tawam
Hospital
Clinical Associate Professor, UAE University
Al Ain, UAE



Rajaie Namas, MD

Section Head of Rheumatology
Medical Subspecialties Institute at Cleveland Clinic
Abu Dhabi, UAE



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October 18, 2024

Time	Topic	Speakers
19:00-19:10	Welcome and Introduction	
Moderators: Prof. Philip Helliwell and Dr. Waleed AlShehhi		
19:10-19:35	GLP-1 receptor agonists: are they good for psoriasis and PsA?	Prof. Peter Nash
19:35-20:00	Difficult to treat psoriasis	Prof. Luis Puig
20:00-20:25	When is tapering appropriate in treating PsA?	Prof. Laura Coates
20:25-20:35	Coffee Break	
20:35-21:00	Paradoxical reactions and the “flip flop” phenomenon, management in clinical practice	Dr. Anna Lopez Ferrer
21:00-21:25	PsA Guidelines	Dr. Khalid Alnaqbi
21:25-21:35	Navigating PsA & PsO	Dr. Rajaie Namas
21:35-22:00	Panel Discussion	



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October 19, 2024

Time	Topic	Speakers
08:30-08:40	Welcome and Introduction	
Moderators: Dr. Rajaie Namas and Dr. Fatima Albreiki		
08:40-09:50	Workshop 1: «Recognizing Early Signs of Psoriatic Arthritis (PsA)»	
	• Overview of PsA: Understanding the pathophysiology and clinical manifestations	Prof. Philip Helliwell
	• Identifying early symptoms of PsA in patients with psoriasis	Prof. Luis Puig
	• Importance of early detection and intervention in PsA	Prof. Philip Helliwell and Prof. Luis Puig
	Cases Presentations	Dr. Ahmed Ameen Dr. Atheer Al Ansari Dr. Aqeel Ghanem
09:50-11:00	Workshop 2: «Differential Diagnosis in Psoriatic Arthritis (PsA)»	
	• Distinguishing PsA from other inflammatory arthropathies	Prof. Peter Nash and Dr. Anna Lopez Ferrer
	• Review of imaging modalities for diagnosing PsA (X-rays, MRI, ultrasound)	
	• Interpretation of laboratory tests and biomarkers in PsA	
	Cases Presentations	Dr. Priyanka Cackamvalli Dr. Ahmad AlEnizi
11:00-11:15	Coffee Break	



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Time	Topic	Speakers
Moderators: Dr. Khalid Alnaqbi and Dr. Jawaher Alnaqbi		
11:15-12:15	<p>Workshop 3: «Multidisciplinary Approach to Managing Psoriatic Arthritis (PsA)»</p> <ul style="list-style-type: none"> • Collaborative care models involving rheumatologists and dermatologists. • Addressing comorbidities and holistic management of PsA patients. <p>Cases Presentations</p>	<p>Prof. Philip Helliwell and Prof. Luis Puig</p> <p>Dr. Saadiya Naji Dr. Amel Ginawi Dr. Zainab Almossalli</p>
12:15-13:25	<p>Workshop 4: «Updates in Psoriatic Arthritis (PsA) Management»</p> <ul style="list-style-type: none"> • Do Recent advancements in the management of PsA • Tailoring treatment plans based on disease severity and patient preferences. • Monitoring disease progression and response to therapy • Interactive sessions on real-world challenges and best practices <p>Cases Presentations</p>	<p>Prof. Laura Coates and Dr. Anna Lopez Ferrer</p> <p>Dr. Alaa Dekis Dr. Doaa Alawadhi</p>
13:25-14:15	L u n c h B r e a k	
14:15-15:00	Interactive discussion around: Navigating the complexities of PsD: Strategies for comprehensive management)	Dr. Anna Maria Ferrer and Prof. Laura Coates
15:00	End of GRAPPA Program	
15:00-15:30	Non-CME Session – Symposium Sponsored by Novartis	Prof. Peter Nash



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