



# ERA BONE FORUM

*WITH BONE DENSITOMETRY COURSE*

Accredited By The Australian  
And New Zealand Bone And  
Mineral Society (ANZBMS)

**September 21<sup>st</sup> , 2023**

**Bone Forum** - *Face to Face*  
*at Holiday Inn Festival City - Dubai*

**September 22<sup>nd</sup> & 23<sup>rd</sup> , 2023**

**Densitometry Course** - *Virtually*



# ERA BONE FORUM

Accredited By Dubai Health Authority

Holiday Inn Festival City - Dubai



## BONE FORUM SPEAKERS



### **Ahmed Abogamal, MD - Chairman of ERA Bone Forum**

Consultant, Head of Rheumatology Department Gargash Hospital  
Professor Of Rheumatology At Al-azhar University  
Eular Certified Msus Trainer  
Scientific Director Of The Arlar Msus Group  
Dubai, UAE



### **Ghita Harifi, MD**

Consultant Rheumatologist  
Assistant Professor  
Mediclinic Parkview Hospital  
Mohammed Bin Rashid University of Medicine &  
Health Sciences (MBRU).  
Dubai, UAE



### **Atheer Al Ansari, MD**

Consultant Rheumatology  
Head of Department of Rheumatology,  
Mediclinic Airport Road Hospital  
Abu Dhabi, UAE



### **Rick Adachi, MD**

Emeritus Professor of Medicine at the Michael  
G. DeGroote School of Medicine,  
McMaster University.  
Hamilton, Ontario - Canada

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**Zoom Platform**



## DENSITOMETRY COURSE SPEAKERS



### **Ms. Aimee Morabito**

Accredited Practicing Dietitian and Accredited Sports Dietitian, DXA and RMR Coordinator at the Australian Institute of Sport, Australia



### **Mr. Christopher Schultz BSc(Hons) AD Comp Inf Sci**

Senior Medical Scientist in the Department of Nuclear Medicine, PET and Bone Densitometry at the Royal Adelaide Hospital.  
Member of the ANZBMS Clinical Imaging Committee Australia



### **Denise Brookes, PhD**

Post-Doctoral Research Fellow within the Musculoskeletal Research Group at the Children's Health Research Centre, situated at the University of Queensland Australia



### **Ms. Julie Briody**

Undergraduate degree in Science, and a Master's degree in Biomedical Engineering from the University of NSW  
Senior Hospital Scientist in the Department of Nuclear Medicine at The Children's Hospital at Westmead, Sydney, Australia



### **Assoc Prof. Nicholas Pocock, MD, BS, FRACP**

Senior Staff Specialist in the Department of Nuclear Medicine at St Vincent's Hospital, Darlinghurst  
Associate Professor at the University of NSW  
Chairman of the ANZBMS Clinical Imaging Committee Australia



### **Roger Price, Ph.D. MACPSEM**

Medical Physicist specializing in diagnostic imaging applications of ionizing radiation, including their application to disorders of calcium and bone metabolism  
Adjunct Professor, School of Physics, Mathematics & Computing University of Western Australia, and Honorary Clinical Mentor, MTP, SCGH Australia

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## DAY 1: SEPTEMBER 21<sup>st</sup>, 2023 | BONE FORUM - FACE TO FACE

 UAE Time	Module	Presenter
19:00 - 19:05	Welcome Note & Opening Introduction	<b>Prof. Ahmed Abogamal</b> <i>Chairman of ERA Bone Forum</i>
19:05 - 19:35	<i>Moderator: Dr. Gamal Ibrahim</i> <b>Non-CME Session - Symposium Sponsored by Amgen</b> Building Bone First with Evenity in Very High-risk Osteoporosis Patients	<b>Prof. Rick Adachi</b>
	<b>SESSION I</b> Moderator: <b>Prof. Ahmed Abogamal</b>	
19:35 - 20:05	Glucocorticoids in the Treatment of Osteoporosis	<b>Dr. Atheer AlAnsari</b>
20:05 - 20:35	Recent Updates on Osteoporosis 2023	<b>Prof. Rick Adachi</b>



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## DAY 1: SEPTEMBER 21<sup>st</sup>, 2023 | BONE FORUM - FACE TO FACE

SESSION II Moderator: <b>Dr. Atheer AlAnsari</b>		
20:35 - 21:05	<b>Non-CME Session – Symposium Sponsored by Emirates &amp; World</b> Bone Health and Joint Health: Clinical Application & Action Mechanisms	<b>Prof. Ahmed Abogamal</b>
21:05 - 21:35	Osteoporosis in Spondylarthropathies	<b>Dr. Ghita Harifi</b>
	Followed by a Dinner	



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**Zoom Platform**



## DAY 2: SEPTEMBER 22<sup>nd</sup>, 2023 | DENSITOMETRY COURSE - VIRTUALLY

 UAE Time	 Sydney Time	Module	Presenter
08:50 - 09:00	14:50 - 15:00	Welcome Note / Course Overview	<b>Prof. Ahmed Abogamal</b> <i>Chairman of ERA Bone Forum</i>
09:00 - 09:40	15:00 - 15:40	Radiation in Bone Densitometry	<b>A/Prof. Roger Price</b>
09:40 - 10:15	15:40 - 16:15	Principles of Bone Mass Measurement - DXA Related	<b>Mr. Christopher Schultz</b>
10:15 - 10:50	16:15 - 16:50	Introduction to Statistics for Bone Densitometry	<b>A/Prof. Roger Price</b>
10:50 - 11:00	16:50 - 17:00	<b>Break</b>	
11:00 - 11:40	17:00 - 17:40	DXA Quality Assurance & Information System Management	<b>Mr. Christopher Schultz</b>
11:40 - 12:30	17:40 - 18:30	Interpretation of DXA - The Normal Range	<b>A/Prof. Nicholas Pocock</b>

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**Zoom Platform**



## DAY 2: SEPTEMBER 22<sup>nd</sup>, 2023 | DENSITOMETRY COURSE - VIRTUALLY

12:30 - 14:00	18:30 - 20:00	Prayers and Break	
 UAE Time	 Sydney Time	Workshop (Manufacturer Specific)	Faculty
14:00 - 15:00	20:00 - 21:00	DXA Scanning Essentials	<b>DXA Facilitator</b>
15:00 - 16:15	21:00 - 22:15	Combined Lectures & Clinical Cases Bone Biology and Epidemiology of Osteoporosis Treatment of Osteoporosis Clinical Cases	<b>Dr. Weiwen Chen</b> <b>Dr. Angela Sheu</b>
16:15 - 17:00	22:15 - 23:00	Beyond DXA	<b>A/Prof. Nicholas Pocock</b>



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**Zoom Platform**



## DAY 3: SEPTEMBER 23<sup>rd</sup>, 2023 | DENSITOMETRY COURSE - VIRTUALLY

 UAE Time	 Sydney Time	Module	Presenter
09:00 - 09:45	15:00 - 15:45	Pitfalls of DXA	<b>Dr. Denise Brookes</b>
09:45 - 10:30	15:45 - 16:30	Lateral Vertebral Assessment (LVA & IVA)	<b>Ms. Julie Briody</b>
10:30 - 11:00	16:30 - 17:00	Reporting DXA Scans	<b>A/Prof. Nicholas Pocock</b>
11:00 - 11:10	17:00 - 17:10	<b>Break</b>	
11:10 - 12:00	17:10 - 18:00	Pediatric DXA	<b>Ms. Julie Briody</b>
12:00 - 12:45	18:00 - 18:45	Fracture Risk and Trabecular Bone Score	<b>A/Prof. Nicholas Pocock</b>

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**Zoom Platform**



## DAY 3: SEPTEMBER 23<sup>rd</sup>, 2023 | DENSITOMETRY COURSE - VIRTUALLY

 UAE Time	 Sydney Time	Module	Presenter
12:45 - 13:15	18:45 - 19:15	Open Questions and Discussion	Faculty
13:15 - 14:00	19:15 - 20:00	<b>Break</b>	
 UAE Time	 Sydney Time	Workshop (Manufacturer Specific)	Faculty
14:00 - 14:45	20:00 - 20:45	Body Composition Essentials	Ms. Aimee Morabito
14:45 - 15:15	20:45 - 21:15	Case Studies	Dr. Weiwen Chen Dr. Angela Sheu
15:15 - 16:00	21:15 - 22:00	DXA Scanning Essentials - Part 2	DXA Facilitator
16:00 - 17:00	22:00 - 23:00	Advanced DXA Reporting Reporting Advanced / Treatment / Biochemical Markers	A/Prof. Nicholas Pocock

Organized by:



**LEBANON**

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