

For the 4th consecutive year

GRAPPA

Scientific Standalone on Psoriatic Disease

“Advancing Diagnosis &
Management of Psoriatic Disease”



September 23 - 24, 2022



Sofitel The Obelisk Hotel Dubai, UAE

*CPD Credits From Dubai Health Authority
“In Process”*





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EXPERT SPEAKERS *Arranged By Alphabetical Order*



Philip Helliwell, MD

President of GRAPPA
Professor of Clinical Rheumatology
Leeds Institute of Rheumatic and Musculoskeletal Medicine
University of Leeds
UK



Peter Nash, MD

Professor, School of Medicine, Griffith University
Associate Professor Department of Medicine at the University of Queensland
Director of the Rheumatology Research Unit on the Sunshine Coast.
Australia



Laura Jane Savage, MD

Consultant Dermatologist
Leeds Centre for Dermatology, Chapel Allerton Hospital a Honorary Senior Lecturer, University of Leeds, UK
UK



William Tillett, MD

Consultant Rheumatologist
Royal National Hospital for Rheumatic Diseases
Senior Lecturer, Pharmacy and Pharmacology, University of Bath
UK



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EXPERT CHAIRMEN *Arranged By Alphabetical Order*



Zaki Abou Zahr, MD

Consultant, Rheumatology FACR, RhMSUS, RMSK, CCD
Healthpoint, A Mubadala Health Partner
Abu Dhabi, UAE



Khalid Alnaqbi, MD

MSc, CCD, FRCPC, FACP, FACR
Consultant & Chief of Rheumatology at Tawam Hospital
Physician Lead of Rheumatology Committee of SEHA
Medical Council Clinical Assistant Professor, UAE University
Dubai, UAE



Waleed AlShehhi, MD

Consultant Rheumatology
Medcare Dr. Saeed Al Shaikh Gastro and Obesity Centre
Secretary General for ArLAR.
Dubai, UAE



Aqeel A Muhanna Ghanem, MD

Rheumatology Consultant in the Department
of Medicine at Mubarak Al Kabeer General Hospital
and Head of the Rheumatology Unit
Kuwait



Amel Ginawi, MD

Consultant Rheumatologist in Mediclinic
City Hospital in Dubai
Clinical Associate Professor at Mohammed
Bin Rashid University
of Medicine and health sciences (MBRU)
Dubai, UAE



Ahmed Zayat, MD

Senior Consultant Rheumatologist
University Hospital Sharjah
Dubai, UAE



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DAY 1: FRIDAY, SEPTEMBER 23, 2022

20:00 - 20:15	Chairmen’s welcome and Introduction Pre-meeting Quiz	Philip Helliwell, MD Waleed AlShehhi, MD
20:15 - 20:45	The Relationship Between Psoriasis and Psoriatic Arthritis: How Can We Do Better?	Philip Helliwell, MD
20:45 - 21:15	Treatment Approaches in Psoriasis: Can We Prevent Co-Morbidities?	Laura Savage, MD
21:15 - 21:45	Treatment Algorithms in Psoriatic Arthritis	Peter Nash, MD
21:45 - 22:15	Co-Morbidities in Psoriatic Disease	William Tillett, MD
22:15 - 22:30	Q&A Followed by Quiz Results	All
22:30	Dinner	



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DAY 2: SATURDAY, SEPTEMBER 24, 2022

08:15 - 08:30

Welcome and Overview of Day 2
Co-Management Recommendations and Best Practices

Philip Helliwell, MD
Waleed AlShehhi, MD

Workshop: Treatment Approaches in Psoriasis and Psoriatic Arthritis

Moderators: Ahmed Zayat, MD - Amel Ginawi, MD - Aqeel Ghanem, MD - Zaki Abou Zahr, MD

08:30 - 09:00

Challenging Case 1 Presentation

Philip Helliwell, MD

09:00 - 09:30

Challenging Case 2 Presentation

Peter Nash, MD

09:30 - 10:00

Challenging Case 3 Presentation

William Tillett, MD

10:00 - 10:15

Break



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DAY 2: SATURDAY, SEPTEMBER 24, 2022

10:15 - 10:45

Challenging Case 4 Presentation

Laura Savage, MD

10:45 - 11:15

Chairmen: Philip Helliwell, MD - Khalid Alnaqbi, MD
 GRAPPA Treatment Recommendations:
 How Can they be Used by a Practicing Rheumatologist?

Peter Nash, MD

11:15 - 12:00

Experts Panel Q&A

All Local and
 International Faculty

End of GRAPPA Program

12:00 - 12:30

Chairman: Ahmed Zayat, MD
Non-CME Session - Symposium Sponsored by Novartis

Peter Nash, MD

12:30

Lunch



Organized by: 
Infomed
INTERNATIONAL FOR EVENTS

LEBANON

4th Floor, Qubic Center
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